

SENSITIVE SKIN



CORRECT CARE OF SENSITIVE SKIN



PRODUCT

PRODUCT	REFERENCE NUMBER	CONTENT	REFERENCE NUMBER	CONTENT
	RETAIL	RETAIL	WHOLESALE	WHOLESALE
Mild Cleansing Cream	2200	150 ml	2200P	300 ml
Soothing Gel Toner	2201	200 ml	2201P	500 ml
Soothing Face Lotion	2210	50 ml	2210P	200 ml
Calming Sensitive Cream	2220	50 ml	2220P	200 ml
Sensitive Skin Complex	2230	30 ml	2230P	50 ml
Couperose Gel	2233	30 ml	2233P	50 ml
Soothing Face Mask	2240	75 ml	2240P	200 ml
Eye Care Lotion	2260	30 ml	2260P	50 ml

The skin performs a range of very different tasks to ensure that we feel great. In the same manner as a dirt deflector, it defends against certain bacteria, reports irritations to the central nervous system, regulates temperature differences, absorbs UV radiation and also guards against the odd bump or two.

However, only intact skin is able to undertake these protective functions without hindrance. It is supple in condition, well moisturized and has good circulation. Together with the hydrolipidic film, a regular structure consisting of horny cells forms a protective barrier against the environment.

Even healthy skin may react sensitively to particular irritants

All of a sudden, the wool of your roll-neck pullover irritates the base of your neck, the wind turns your face red or your skin becomes chapped when you apply your favourite cream. Things become uncomfortable when your skin no longer performs its protective function optimally. As quick as a flash, it reacts with redness, brittleness and feelings of tension; not infrequently, it itches, tingles or burns.

Many people with sensitive skin believe that this is caused by an allergy. When the skin reacts severely to environmental influences and stress situations, however, it is often the hydrolipidic barrier which is damaged. Irritating substances are able to penetrate much more easily and evoke reactions as a result of this. The skin's ability to store moisture is also reduced. Depending on irritant potential, the skin's condition may change at short notice within a matter of hours or days – irrespective of your age or skin type.

Correct care of sensitive skin

Sensitive skin requires particular attention and special care with the objective of:

- alleviating skin irritations and
- stabilizing the hydrolipidic barrier

The SENSITIVE SKIN Cosmeceutical line meets both of these needs and provides a completely new method for fortifying sensitive skin in the long term. The main active substances of the sensitive and skin defense complex are extensively involved in this. The combination of these two highly-effective plant extracts is an optimal, mutually enhancing system of action for the care of sensitive skin and is used to achieve long-lasting protection against physical and chemical influences.

SENSITIVE SKIN verifiably improves the structure of the skin:

- Noticeable skin-calming effect
- Measurable reduction in skin sensitivity
- Fortified hydrolipidic barrier
- Reduces skin redness
- Resilient skin



Less is more

Admittedly, environmental stress is not so easy to avoid. For sensitive skin, this often equates to an additional potential irritant. Nevertheless, it is good when the number of stress factors can be minimized. The Dr. Sacher Kosmetik development laboratory has therefore succeeded in formulating SENSITIVE SKIN without preservatives and allergenic perfume constituents. This is only possible by specifically selecting suitable raw materials such as e.g. special moisture retention agents, and guarantees both tolerability and a long shelf life.

* Test result following the application of skin defense complex over a period of four weeks.

*** Test result following the application of sensitive complex twice a day over a period of 14 days.

SENSITIVE SKIN

RET.
150 ml
Ref.
2200

WHLS.
300 ml
Ref.
2200P



- **Extra-mild for daily skin cleansing**
- **Creamy consistency for easy distribution**
- **Contains native moisture to protect the natural hydrolipidic barrier**
- **For a feeling of clean and relaxed skin**
- **Noticeably soft skin**
- **Free of tensides**
- **Free of preservatives**

☰ Mild Cleansing Cream

GENTLE CLEANSING CREAM

People with sensitive skin often dispense with cleansing products because they fear these will irritate their skin even more and additionally dry it out. However, water alone cannot rid the skin of impurities such as e.g. make-up and dead skin cells.

Gentle and reliable cleansing is particularly important, especially for sensitive skin. Not infrequently, deposits on a skin surface which is already under attack lead to further irritation. Very often, this further increases the reactive readiness of skin which is in any case sensitive.

Mild Cleansing Cream is the gentle cleansing cream for daily use. Its soothing effect is noticeable even whilst distributing the rich formulation. The combination of skin-friendly oils enables speedy make-up removal.

Make-up residues, but also particles of dirt and the skin's own excretions, are gently dissolved and simply rinsed off using plenty of warm water.

A pleasant sensation of cleanliness is quickly achieved, followed by noticeably softer skin.



Home care application

Each time during cleansing, apply Mild Cleansing Cream onto the face and neck and massage in gently. Rinse off with plenty of lukewarm water. Then subsequently treat the skin with Soothing Gel Toner.

Tip: *The mild formulation is also suitable for removing make-up in the lid area.*



ACTIVE SUBSTANCES

- **Combination of skin-friendly oils:** Based on coconut oil, the purity and tolerability of these oils correspond to pharmaceutical quality; impurities are gently removed from the surface of the skin, and the skin's natural balance is maintained



SENSITIVE SKIN

RET.
200 ml
Ref.
2201

WHL.S.
500 ml
Ref.
2201P



- Calms irritated skin even during cleansing
- Maintains the skin's physiological pH value
- Revives and refreshes in a particularly mild manner
- Increases moisture



Home care application

Each time after cleansing with Mild Cleansing Cream, apply Soothing Gel Toner by pouring it onto a cotton wool pad. Then stroke gently over the face and neck.

Tip: Cools, relieves and refreshes all skin following depilation.

☰ Soothing Gel Toner

REFRESHING FACIAL TONIC

If the hydrolipidic barrier is weakened, increased trans-epidermal water loss (TEWL) occurs at the same time. The horny layer loses its ability to store moisture. It reacts sensitively and becomes brittle.

So that sensitive skin is adequately protected against moisture loss even during cleansing, a soothing facial tonic is an absolute must following each cleansing process. Irritating mains water residues such as e.g. calcium are gently removed from the surface of the skin whilst moisture is supplied at the same time.

However, Soothing Gel Toner can do far more than a classic facial tonic. Soothing plant-based active substances are embedded in a light gel basis. The moisture which is bound enhances the protective function of sensitive skin and immediately alleviates the sensation of brittle and tense skin.

Soothing Gel Toner even restores equilibrium to skin which is stressed as a result of shaving and lends it vital freshness.



ACTIVE SUBSTANCES

- **Sensitive complex:** Highly-active plant extract containing active substances from Asiatic marsh pennywort, butcher's broom, calendula, horse chestnut and liquorice root; alleviates the signs of irritation (redness, swelling, feelings of tension)
- **Aloe Vera:** Soothing, skin-clarifying and moisture-boosting

SENSITIVE SKIN

RET.
50 ml
Ref.
2210

WHL.S.
200 ml
Ref.
2210P



- **Strengthens the skin's hydrolipidic barrier**
- **Makes the skin more resilient to external irritants**
- **Reduces skin redness**
- **Balanced and even skin profile**
- **Leaves the skin feeling soft and pleasant**
- **Ideal foundation for make-up**

☰ Soothing Face Lotion

LIGHT CARE LOTION

Hypersensitive and sensitive skin requires active substance care which soothes and protects it. Moisturizing products are by no means sufficient on their own. Instead, specifically caring and restoring active substances are of elementary importance in this case.

Soothing Face Lotion successfully averts sensitive skin's increased readiness to react whilst keeping it moist and supple at the same time. Selected plant-based contents strengthen the hydrolipidic barrier and increase its resilience towards external irritants.

Soothing Face Lotion possesses a rich texture, and is rapidly absorbed thanks to its lipid content of just 15%. This transforms the care lotion into a desirable day protection product and an ideal foundation for make-up.

At the same time, it also develops its soothing and calming effect during the night when skin which tends to be greasy and sensitive has to be cared for and fortified.



Home care application

Distribute Soothing Face Lotion onto the face, neck and neckline in the morning and/or evening. Ideal foundation for make-up.

Tip: *Soothing Face Lotion can be used around the clock as 24-hour care for sensitive skin which is rather greasy.*

Recommendation: *Sensitive skin and sunlight do not mix. Therefore, protect sensitive skin with Face Guard (SPF 15) or Face Guard Plus (SPF 30). This ultra-light lotion contains the mineral protection factor titanium dioxide, which gently remains on the skin and reflects UV radiation. Simply apply Face Guard beneath Soothing Face Lotion during the day.*



ACTIVE SUBSTANCES

- **Skin defense complex:** Highly-active plant extract consisting of active substances from **Cardiospermum halicacabum** (balloon vine which grows in the tropics) **Echium plantagineum** (echium seed oil) **Unsaponifiable constituents of sunflower oil** verifiably soothes, acts to combat redness, fortifies the skin's barrier structure
- **α-bisabolol:** Soothing
- **Isostearyl-isostearate:** Shortened to ISIS; emollient based on replenishable raw plant materials; fortifies the hydrolipidic barrier via the cohesion of the lipids in the Stratum corneum and reduces the skin's trans-epidermal moisture loss
- **Hyaluronic acid:** Intensively moisturizing and moisture-retaining
- **Saccharide isomerase:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity
- **Squalane:** Obtained from plant-based olive oil, similar to the skin's natural lipid; is easily absorbed without leaving the skin feeling greasy; prevents dehydration (moisture loss); skin-smoothing



SENSITIVE SKIN

RET.
50 ml
Ref.
2220

WHL.S.
200 ml
Ref.
2220P



- **Strengthens the skin's hydrolipidic barrier**
- **Makes the skin more resilient to external irritants**
- **Reduces skin redness**
- **Also suitable as a massage cream**
- **Ideal wind and weather protection**
- **Balanced and even skin profile**
- **Leaves the skin feeling soft and relaxed**

Calming Sensitive Cream

RICH CARE CREAM

If the hydrolipidic film is knocked out of balance, the skin appears dry, scaly and rough. Lipid and moisture deficiencies are obvious and increase the sensitivity of sensitive skin.

Calming Sensitive Cream is a rich care cream. With a lipid content of around 25%, it helps to build up an intact hydrolipidic film. Care and moisture retention substances soothe the skin both during the day and throughout the night. Irritated skin rapidly becomes soft and supple again; the pleasant feeling of relaxed skin is guaranteed.



Home care application

Distribute Calming Sensitive Cream onto the face, neck and neckline in the morning and/or evening.

Tip: Calming Sensitive Cream can be used around the clock as 24-hour care for sensitive skin which is rather dry.

Recommendation: Sensitive skin and sunlight do not mix. Face Guard (SPF 15) or Face Guard Plus (SPF 30) ensures optimal sun protection. This ultra-light lotion gently remains on the skin and reflects UV radiation. Simply apply Face Guard beneath Calming Sensitive Cream during the day.



ACTIVE SUBSTANCES

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- **α-bisabolol:** Soothing
- **Isostearyl-isostearate:** Shortened to ISIS; emollient based on replenishable raw plant materials; fortifies the hydrolipidic barrier via the cohesion of the lipids in the Stratum corneum and reduces the skin's trans-epidermal moisture loss
- **Hyaluronic acid:** Intensively moisturizing and moisture-retaining
- **Saccharide isomerate:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity
- **Squalane:** Obtained from plant-based olive oil, similar to the skin's natural lipid; is easily absorbed without leaving the skin feeling greasy; prevents dehydration (moisture loss); skin-smoothing



SENSITIVE SKIN

RET.
30 ml
Ref.
2230

WHLS.
50 ml
Ref.
2230P



- Reduces the skin's readiness to react
- Improves the skin's resilience
- Prevents irritation
- Restores the skin's native protection
- Supplies a particularly high quantity of moisture
- Leads to perfect skin with a silky-matte sheen

Sensitive Skin Complex

SERUM FOR SKIN WHICH IS SENSITIVE TO IRRITANTS

Skin sensitivity is not a constant. A multitude of external and internal factors influence the skin's reactivity time and again. Reactions of varying intensity may occur as quick as a flash.

The horny layer – the skin's actual barrier – provides crucial protection against external irritants. It offers significantly more resistance to the penetration of undesired substances than the underlying dermis. Only if the horny layer's resilience collapses, e.g. due to continual skin damage, are irritants able to penetrate into deeper layers of skin without hindrance. To prevent this from occurring at all, sensitive skin has to be fortified as a precautionary measure.

Sensitive Skin Complex is an extraordinary active substance complex which acts down to the lowest part of the epidermis, which is precisely where it restores the skin's native protection. **Following application over a period of just four weeks, the skin's sensitivity is measurably reduced by 49%***. The skin becomes significantly more stable, does not react as intensely to irritating influences and is able to maintain its normal condition.

Sensitive Skin Complex can be easily combined with any other care product. Its slightly matting property ensures the silky-matte sheen of perfect skin.



Home care application

Distribute Sensitive Skin Complex in the form of a course of treatment or throughout the year, preferably 2x per day, onto cleansed skin in the morning and evening. Apply a suitable day or night care product on top.

Tip: *Sensitive Skin Complex can always be used on its own whenever sensitive skin tends to develop an unattractive oily sheen.*



ACTIVE SUBSTANCES

- **Skin defense complex:** Highly-active plant extract consisting of active substances from **Cardiospermum halicacabum** (balloon vine which grows in the tropics) **Echium plantagineum** (echium seed oil) **Unsaponifiable constituents of sunflower oil** verifiably soothes, acts to combat redness, fortifies the skin's barrier structure
- **α-bisabolol:** Soothing
- **Fine polyamide powder:** Matting
- **Long-chain hyaluronic acid:** High-molecular and biotechnologically obtained moisturizer with high moisture binding capacity, forms a smoothing film on the surface of the skin
- **Short-chain hyaluronic acid:** Low-molecular and biotechnologically obtained moisturizer with high moisture binding capacity, penetrates down to the lower layer of the epidermis and visibly pads "it out", smoothes the skin and protects its moisture
- **Saccharide isomerate:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity



SENSITIVE SKIN

RET.
30 ml
Ref.
2233

WHL.S.
50 ml
Ref.
2233P



- **Firms and fortifies the vessel walls**
- **Reduces red veinlets**
- **Reduces redness and irritation**
- **Visibly improves the appearance of couperose skin**
- **Increases the skin's moisture content**

Couperose Gel

SOOTHING CARE CONCENTRATE AND SERUM

Initially, reddening of the facial skin, caused by physical exertion or also emotional stress, is nothing unusual. If, however, the increased circulation leads to permanent extension of the blood vessels and the severely extended veinlets are visibly presented as fine, red lines, this involves couperose and particular care is required. Factors which exacerbate the couperose must be eliminated under all circumstances or at least significantly reduced:

- Long periods of exposure to the sun (UV and infrared radiation dilates the blood vessels)
- Sudden temperature fluctuations (hot/cold, cold/hot)
- Extreme temperatures (heat, cold)
- Hot spices, hot drinks, alcohol

As couperose involves damage to the blood vessels rather than temporarily extended blood vessels, patience and discipline are necessary to achieve genuinely long-term success. This is precisely the reason why JANSSEN COSMETICS has implemented the sensitive complex active substance in the Couperose Gel.

The active substance study* conducted on volunteers shows that initial success becomes visible following the application of 5% sensitive complex 2x per day over a period of just 14 days: the number of visible capillaries has been reduced by 20%.

Couperose Gel is a care concentrate. It is also suitable for daily application on its own in the fight against couperose. The active involvement of those applying the product is indispensable in clearly perceiving the success of this care: continued application should be carried out over a period of several months under all circumstances. Only this enables redness and also swelling to be noticeably reduced.



Home care application

Apply in the morning and/or evening. Remove approx. 2-3 squirts from the dispenser bottle and distribute over the cleansed face. The product is absorbed into the skin without residues. If the skin is very dry, a care cream can be subsequently applied.

* *Efficacy study with sensitive complex*



ACTIVE SUBSTANCES

- **Sensitive complex:** Highly-active plant extract containing active substances from Asiatic marsh pennywort, butcher's broom, calendula, horse chestnut and liquorice root; alleviates the signs of irritation (redness, swelling, feelings of tension)
- **α-bisabolol:** Soothing
- **Hyaluronic acid:** Intensively moisturizing and moisture-retaining
- **Saccharide isomerate:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity
- **Fine polyamide powder:** Matting, improves the skin's feel
- **Isostearyl-isostearate:** Shortened to ISIS; emollient based on replenishable raw plant materials; fortifies the hydrolipidic barrier via the cohesion of the lipids in the Stratum corneum and reduces the skin's trans-epidermal moisture loss
- **Squalane:** Obtained from plant-based olive oil, similar to the skin's natural lipid; is easily absorbed without leaving the skin feeling greasy; prevents dehydration (moisture loss); skin-smoothing

SENSITIVE SKIN

- Irritated skin is rapidly calmed
- Reduces redness
- Alleviates itching
- Noticeably relaxed skin
- Soft and smooth skin
- Rich and beneficial consistency



Home care application

Apply Soothing Face Mask generously onto cleansed skin and allow to work in for up to 20 minutes. Then remove the remaining surface film gently and without rubbing using moist, warm compresses.

Tip: Not only for “putting out fires” in the beauty salon! To rapidly soothe spontaneous skin reactions such as e.g. redness, apply Soothing Face Mask generously and allow it to work in for as long as time allows. Then gently dab off surface residues and allow the remainder to work in over night.



RET.
75 ml
Ref.
2240

WHL.S.
200 ml
Ref.
2240P

☰ Soothing Face Mask

SOOTHING CREAM MASK

In the event of acute irritation and spontaneous malaise, alleviating the irritation and calming the skin are given top priority. The additional application of a caring facial mask is now of particular importance.

Soothing Face Mask should always be used when the skin sends out an SOS. This transforms it into a genuine therapeutic product. Redness and swelling are relieved after just a short period of application. The particularly high dose of plant-based sensitive complex impressively reduces extended blood vessels and noticeably normalizes the sensitive skin's readiness to react.

Even a short period of respite with Soothing Face Mask has a miraculous effect on the customer's well-being: the sensation of relaxed and soothed skin simultaneously relieves strain on the nervous system.



ACTIVE SUBSTANCES

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- **Skin defense complex:** Highly-active plant extract consisting of active substances from
Cardiospermum halicacabum (balloon vine which grows in the tropics)
Echium plantagineum (echium seed oil)
Unsaponifiable constituents of sunflower oil
 verifiably soothes, acts to combat redness, fortifies the skin's barrier structure
- **Hyaluronic acid:** Intensively moisturizing and moisture-retaining
- **Saccharide isomerate:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity

SENSITIVE SKIN

- **Combats swelling and dark rings around the eyes**
- **Smooths creases caused by dryness**
- **Fortifies the sensitive skin in the eye area**
- **Cools and refreshes**
- **Also suitable for persons who wear glasses and contact lenses**

RET.
30 ml
Ref.
2260

WHL.S.
50 ml
Ref.
2260P



Eye Care Lotion

EYE CARE LOTION

The skin beneath the eyes is always very fine and only possesses slight subcutaneous fatty tissue. The thinner the skin, the more likely the many small blood and lymphatic vessels are to visibly shimmer through. This leads to dark rings around the eyes.

Everything that helps to improve the circulation also helps to prevent rings around the eyes: sufficient sleep, exercise in the fresh air, drinking sufficient fluids and a healthy diet.

If shadows beneath the eyes nevertheless become apparent, gentle patting massages with the fingertips may set the lymphatic flow in motion again. However, regular care with Eye Care Lotion acts to provide long-term support. The synergy effect arising from the sensitive and skin defense complex fortifies the capillary function and **verifiably reduces dark rings around the eyes by 64%***.

Eye Care Lotion is particularly easy to distribute. It is rapidly absorbed and cools in a pleasant manner. It is the ideal basis for eye make-up and is also held in high esteem by those who wear glasses and contact lenses.



Home care application

Dab Eye Care Lotion onto the skin in the eye area in the morning and evening and pat in gently.

**Active substance study on 10 volunteers with daily application over a period of four weeks (in the morning and evening).*



ACTIVE SUBSTANCES

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Echium plantagineum (echium seed oil)
Unsaponifiable constituents of sunflower oil
Verifiably soothes, acts to combat redness, fortifies the skin's barrier structure
- **α-bisabolol:** Soothing
- **Eyebright:** Decongestant, reduces dark rings around the eyes
- **Hyaluronic acid:** Intensively moisturizing and moisture-retaining
- **Saccharide isomerate:** Moisture retention substance obtained from natural sugars; is firmly bound to the skin's keratin and leads to optimal skin moisturization thanks to its very good moisture-binding capacity
- **Isostearyl-isostearate:** Shortened to ISIS; emollient based on replenishable raw plant materials; fortifies the hydrolipidic barrier via the cohesion of the lipids in the Stratum corneum and reduces the skin's trans-epidermal moisture loss



***EFFICACY STUDY with skin defense complex**

1. STINGING TEST

The stinging test is based on irritating the skin using a 10% lactic acid solution and a placebo solution on one side of the nose each, with subsequent application of the test product. The reaction displayed by both sides of the nose is compared: a specific irritation scale is evaluated 10 seconds, 2.5 minutes and 5 minutes following the application of the irritant. These values result in the basic values.

Only those test volunteers who react sufficiently sensitively to the lactic acid are subsequently selected.

The selected test volunteers (19 volunteers) now apply an active substance solution containing skin defense complex 2x per day over a period of 27 days. On the 28th day, the stinging test is carried out under the same conditions as before.

Result following application over a period of 28 days:

Reduction of the degree of sensitization by 49%

This means that the skin's sensitivity towards external irritants decreases by 49%.

2. REDUCTION OF SKIN REDNESS AFTER EXPOSURE TO IR RADIATION

Test on 10 volunteers, zone measurement of the irradiated skin, subsequently treated with

- a) Test gel containing 5% skin defense complex
- b) Test gel without active substance (placebo)

Reduction in skin redness:

After 15 minutes: -35%

After 30 minutes: -26%

***EFFECTIVENESS STUDY with sensitive complex**

1. EFFECTIVENESS STUDY REGARDING CAPILLARY IMPROVEMENT

Video microscopy following application test on 8 volunteers with teleangiectasia. 14-day period of application

- a) Cream gel containing 3% sensitive complex
- b) Cream gel without active substance

Number of visible capillaries: - 20%

2. EFFECTIVENESS STUDY FOR DARK RINGS AROUND THE EYES

Application test on 10 volunteers with rings around the eyes. 4-week application period with application 2x daily. Half-side test in comparison with the untreated side

- a) Test gel without active substance (placebo)
- b) Test gel containing 3% sensitive complex

Reduction of dark rings: - 64%

In vivo dermatological test 2012

On behalf of JANSSEN COSMETICS, independent dermatological institute Dermatest has tested four Sensitive products under the control of a specialist physician

Test basis: 20 women, 22-60 years old, sensitive skin

Test period: 4 weeks

Test products: Mild Cleansing Cream, Soothing Gel Toner, Sensitive Skin Complex and Calming Sensitive Cream

Test criteria:

- a) **Application test under clinical/dermatological conditions**
- b) **Determination of TEWL (trans-epidermal water loss) after a 4-week period of application**
- c) **Determination of stinging sensitivity with 10% lactic acid**

Determination of the synergy effect:

- a) **Skin tolerability and effectiveness: very good**
- b) **Reduction of TEWL: - 18.54%**
- c) **Reduction of stinging sensitivity: very good**

SKIN APPLETS



PROFESSIONAL SKIN CARE IN THE BEAUTY INSTITUTION

For sensitive skin	
TREATMENT SEQUENCE	PRODUCTS
Cleansing	<ul style="list-style-type: none">• Mild Cleansing Cream
Refreshing	<ul style="list-style-type: none">• Soothing Gel Toner
Eye care	<ul style="list-style-type: none">• Eye Care Lotion
Deep cleansing/peeling <i>(only if the skin condition permits)</i>	<ul style="list-style-type: none">• Mild Face Rub
Extra cleansing <i>(if required)</i>	
Active substance complex <i>alternatively</i>	<ul style="list-style-type: none">• Sensitive Skin Complex
Ampoule concentrate	<ul style="list-style-type: none">• De-Stress <i>or</i>• Couperose Fluid
Massage <i>alternatively</i>	<ul style="list-style-type: none">• Calming Sensitive Cream <i>or</i>
Ampoule concentrate	<ul style="list-style-type: none">• De-Stress
Mask <i>alternatively</i>	<ul style="list-style-type: none">• Soothing Face Mask <i>or</i>• Dermafleece Mask Collagen Aloe Vera <i>or</i>• Peel Off Mask Aloe De-Stress
UV protection <i>(if required)</i>	<ul style="list-style-type: none">• Face Guard SPF 30 <i>or</i>• Face Guard SPF 15
Conclusion - eye area	<ul style="list-style-type: none">• Eye Care Lotion
Day protection	<ul style="list-style-type: none">• Soothing Face Lotion